

Past Volunteering experience.

Please indicate past volunteering experiences. Include your title, job description, years of service, and number of hours accrued.

Volunteer Position	Description	Year(s) Participated	Number of hours

Essay Question:

For New Applicants: The quote below is by Mahatma Gandhi, one of the most famous 20th century Indian philosophers and leaders of the Indian Independence Movement:

“The best way to find yourself is to lose yourself in the service of others.”

-Gandhi

In a one to three page essay (double spaced, 12 pt font), discuss what the above quote means in regards to what your experience as a Karma Yoga Scholar will teach you. Also, describe a Karma Yogi that has influenced your life and explain this Karma Yogi’s traits as well as the impact that they have had on you. Within your essay you may also want to include why you want to be part of the KYS program, what you hope to gain from the program, and how you can incorporate the values of Karma Yoga into your daily life. These are only guidelines. Feel free to incorporate your own ideas.

For Returning Applicants: How many years have you been attending HHSC? How many years have you been a part of the HHSC Karma Yoga Program?

In a one to three page essay (double spaced, 12 pt font), discuss how have you benefited from KYS and what you hope to gain by returning to the KYS program. You may also want to suggest activities that you would like to see incorporated into the KYS program. Also, describe a Karma Yogi that has influenced your life and explain this Karma Yogi’s traits as well as the impact that they have had on you. These are only guidelines. Feel free to incorporate your own ideas.

Pledge:

I hereby certify that all the information contained in this application is complete and true to the best of my knowledge.

Signature: _____

Date: _____