



# HINDU HERITAGE SUMMER CAMP

INDIAN COMMUNITY CENTER, ROCHESTER, NY

## Packing List

### Clothes

**Please label all clothes and personal items. Laundry will be done once per session**

Daily Wear (Daytime outdoor sports and games and evening indoor special event / activity)

- Underwear and Socks [10]
- Shirts/Tops [8-10]
  - Note: 1 t-shirt can get dirty during Holi and 1 t-shirt will need to be thrown away after Earth Olympics
- Jeans [2-3]
- Gym Shorts (optional) [2-3]
- Shorts/Pants/Leggings [4-5]
- Poncho / Rain Coat [1]

Early Mornings and Night Time (The cabins can get chilly at night and in the mornings)

- Pajamas [2]
- Long Sleeve Shirts [1-2]
- Thin Jacket/Sweatshirt [1-2]
- Sweatpants [1]

#### Other

- Nice Outfit [1] (Boys - collared shirt and pants. Girls - nice top and pants or dress)
- Indian Outfits [2-3] (Please pack bangles, bindis, and bobby pins as needed.)

### Footwear

**There are gravel paths nears the cabins. When indoors, campers are required to take shoes off before entering certain rooms, such as the Puja room**

- Sneakers [1]
- Sandals [1]
- Shower Slippers [1]
- Other Footwear [optional]

### Other

- Backpack / knapsack [1]
- Durable Water Bottle [Highly Encouraged]
- Large Labeled Laundry Bag [1]
- Flashlight with Batteries [1]

### Dress Code

**All clothing must abide by the following rules**

- No Tank Tops
- No Spaghetti Straps / Halter Tops
- Shorts and Skirts must at least reach to the length of your fingertips (must be able to sit in puja)
- No Bare Midriffs (unless wearing Indian clothes and covered by dupatta)
- No Inappropriate Logos
- No Low Rise Pants / Saggy Pants

### Bedding

**Each camper will have his/her own twin sized bed**

- Twin Sized Bed Sheets [2]
- Pillow Cases [2]
- Pillow [1]
- Warm Blanket [1]
- Sleeping Bag [1]
- Ear Plugs [Optional]

### Toiletries

**Please pack travel sized toiletries to last 2 weeks**

- Toothbrush & Toothpaste [1]
- Soap and soap dish / Body Wash [1]
- Lotion [1]
- Shampoo & Conditioner [1]
- Shower Caddy [1] (to carry supplies to bathhouse)
- Towels [2]
- Wash Cloth [1]
- Bug Spray [1]
- Sunscreen [1]
- Hair Brush/Comb [1]
- Deodorant (optional)
- Chapstick (optional)
- Contacts/Glasses (as needed)
- Feminine Hygiene Products (as needed)

### Medication

**All medication must be given to the camp doctor upon arrival and will be stored in the infirmary**

### Please Keep in Mind

- Clothing should be packed to last at least 9 days. All personal items and clothing must have your name attached by label or printed in permanent marker. Laundry will be done once per session.
- During two evening pujas, campers are allowed to offer one personal item to be blessed. Typically, a small piece of jewelry or memento is offered. All items are returned after the puja offering.
- All personal belongings must be confined to ONE suitcase. No closet space is available.
- **Hindu Heritage Summer Camp is not responsible for lost items.**